

## **General Information:**

This year's summer camps are planned to be the most exciting ever! Not only are there new ideas and activities, but each week of the summer will also have a theme. Carolina Stars offers half day and full day camps. Any child 3 years or over is welcome to attend our half-day camp. Any child 6 years or over may attend half day or full day camp. No experience is necessary to attend either camp. Camp sessions will operate on a weekly basis beginning June 8th and ending August 14th.

There will be approximately 10 children per instructor. Camp will begin each day at 9:00 am and conclude at 12:00 pm (half day) or 4:00 pm (full day). Extended care will be available 8:00-9:00 am and 4:00-5:00 pm during full day camp weeks only.

## **Registration and Cost:**

We are currently accepting camp registrations. Simply stop by the gym, speak with a staff member and fill out the necessary paperwork. Carolina Stars requires a \$50.00 nonrefundable deposit to guarantee you child's place in your selected session. The balance of the tuition is due by the first day of that camp session. Registration is on a first come, first served basis. Sign up soon for best availability!

The cost for both half day and full day camp is based on a one-week session (5 days). The cost is \$110 for half day camp and \$180 for full day camp. Extended care cost is \$20.00 per week for one extra hour and \$40.00 per week for both extra hours. Siblings will receive a 10% discount. A 10% discount will also apply to children enrolling in additional camps. (This discount applies only to the 2<sup>nd</sup>, 3<sup>rd</sup>, etc. camps.)

**Carolina Stars reserves the right to cancel weeks with insufficient enrollment and refund all deposits.**

## **Week One: Survivor Week**

June 8-12 (Half & Full day camps)

Time for some healthy competition! Each day the campers will be split up into two teams and participating in gymnastics challenges to see which team will survive. The competition starts over each day as the kids learn how to work together to overcome challenges.

## **Week Two: All-Star Sports Week**

June 15-19 (Half day camp)

Incorporate other sports into gymnastics! This week is all about changing it up. The kids will play games such as giant soccer and inflatable basketball! We will also work on the improvement of their gymnastics skills and team spirit!

## **Week Three: Water Week**

June 22-26 (Half & Full day camps)

Prepare to get wet! Each day we will have at least one water activity along with our gymnastics! Don't forget your bathing suits! Water activities include a giant slip & slide, water balloon fights, races, and water crafts.

## **Week Four: Flip Flop Shop**

June 29-July 2 (Half day camp)

This week of camp is specifically designed to work on tumbling skills. Campers will spend the majority of the day working on the basics and techniques of tumbling. This four day camp will be prorated (\$88).

## **Week Five: Carnival Week**

July 6-10 (Half & Full day camps)

Campers will earn tickets throughout the week to spend at a carnival on the last day. Tickets can be earned by playing games, showing improvement, and participation in the gymnastics throughout the week. The carnival on Friday will have games and prizes!

## **Week Six: Hollywood Week**

July 13-17 (Half day camp)

Everyone's a star here at CSGA, and we are allowing the kids to show their star power! All week the campers will work on improving their gymnastics skills. There will be an awards show on the last day displaying their accomplishments. Don't forget to dress up for the red carpet event!

## **Week Seven: Show Me What You've Got Week**

July 20-24 (Half & Full day camps)

Campers will make up their own routines during the week and have a performance on Friday. They will even put the routines to music and work on their individual style. Trophies will be given out on the last day!

## **Week Eight: Fun and Fitness Week**

July 27-July 31 (Half day camp)

Each day focuses on a different area of the body! As we work on gymnastics skills, kids will learn about muscle groups, fitness and living healthy. We will do fitness-related crafts, games, and activities!

## **Week Nine: Mission Possible Week**

August 3-7 (Half & Full day camps)

This week campers will work with coaches to set goals on each event and work hard to achieve them! All campers will create their own charts to record their success. CSGA can make Missions: Possible!

## **Week Ten: Back to School Blowout**

August 10-14 (Half day camp)

Campers will work on their gymnastic skills, as well as combining the themes of the previous weeks. Each day is a different theme with games, challenges, crafts, and prizes! Have one last blowout before you go back to school!

**Daily Schedule:**

\*Times are approximate and may vary depending on the theme, crafts, and games set up for the week.

9-10:30 warm up and gymnastics  
10:30-11 snack and craft/game  
11-12\*\* gymnastics  
12-1 lunch  
1-2 arts and crafts  
2-2:30 snack (provided by CSGA)  
2:30-4 open gym

**\*\*Half-day camp concludes at 12 pm**



**Camp Reminders:**

- Wear comfortable clothes-leotard or shorts and a t-shirt (no belts, buckles, zippers, etc.)
- Hair pulled back
- No jewelry
- Bring a snack
- Bring a lunch (full day camp only)
- Necessary items for the theme of the week (swimwear, costumes, etc.)
- Balance of camp fee is due the first day of camp



*Summer*

*Camp*

*2009*

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